LIVE! INTERACTIVE!

Together we can: Keep Life in Balance During a Pandemic
A Parent Support Group
Hosted by the clinicians at North Shore Center

Keeping Up Your Mood and Activating your Well Being

Presented by: Jenny Strom

Tuesday, December 1st 12:00 - 1:00 drop in via Zoom

Facilitating Socialization During the Pandemic

Presented by: Dr. Michael Mazius

Tuesday, December 8th 12:00 - 1:00 drop in via Zoom

When to Consider Medication For Your Child

Presented by: Dr. Caroline Palmer

Tuesday, December 15th 12:00 - 1:00 drop in via Zoom

Why is Your Teen Mad at You

Presented by: Sammi Schams

Tuesday, December 22nd 12:00 - 1:00 drop in via Zoom

Virtual School: Supporting your Child with ADHD

Presented by: Nina Sebastian Bredehorn

Tuesday, December 29th 12:00 - 1:00 drop in via Zoom



To Register for the **FREE** group please Email Steph Fuller at steph@northshorecenterllc.com to receive your Zoom link

Phone: 262.241.5955 • Fax: 262.241.5926
Follow us on Facebook:
North Shore Center Behavioral Health Education

Instagram:
#NorthShoreCenterLLC

