# 2022-23 NICOLET HIGH SCHOOL ATHLETIC COACHES HANDBOOK



"Today is a great day to be a Knight"

6701 N. Jean Nicolet Road Glendale, WI 53217 (414) 351-8145

## NICOLET HIGH SCHOOL COACHES HANDBOOK

#### Introduction

This handbook has been prepared to assist in guiding all coaching staff members in the successful performance of their assigned tasks. In establishing this guide, many factors were considered. We have attempted to include all areas, problems, and circumstances that normally occur in the performance of duties. However, we realize that all possible situations cannot be for seen. We will establish procedures for particular situations not covered by this handbook as they occur. While carrying out your coaching assignment, we ask you to keep this in mind; always act for the best interest of all students concerned as well as for the best interest of each individual student. Your sport or assignment is vital and necessary to us, to your school, to our community, and to the overall excellence of our total program. Nicolet Athletics is to be selfless. It is "we" before "me." It is a test of character and commitment. For the student-athlete, sports should not be solely about becoming a better athlete, but rather a better person. As Nicolet coaches we must work to support athletes of all ages and levels of experience and we must believe in the power of sport to help us accomplish our goals. We must remember that we are ONE department with ONE common philosophy and must act as such.

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### NICOLET COACHING PHILOSOPHY OF ATHLETICS

We believe that competitive teams help develop pride and loyalty in the school and each other, as well as self-confidence and a sense of accomplishment as an individual. We believe making a varsity team is an HONOR that an athlete earns with hard work and dedication, as well as the development and refinement of their talents.

- 1. Coaches of varsity teams will select for their teams those players who can compete competitively in a contest at the varsity level. The ultimate goal of a varsity team is to be as competitive as possible. In MOST game situations, not all players will have the opportunity to play. When looking to promote underclassmen to the varsity level, overall player development should be considered along with the potential for team success. Ultimately, continuous player development and long term program success is our goal.
- 2. Junior Varsity coaches will make greater efforts than varsity coaches to get team members adequate playing time. They must balance their wish to build a winning team with the need to develop hardworking players who have the ability to contribute to the varsity level in the future. Playing time at the high school level is never equal among players each game. At the JV level, the main focus should be to develop players for the varsity level by working on the skills and knowledge they will need to be successful at the varsity level.
- 3. JV2 (freshmen) coaches will make greater efforts than varsity & JV coaches to get team members adequate playing time. They must balance their wish to build a winning team with the need to develop hard-working players who have the ability to contribute to the varsity level in the future. Playing time at the high school level is never equal among players each game. At the JV2 (freshmen) level, the main focus is to develop interest in the sport by attempting to attract as many athletes as possible to the sport.
- 4. Coaches must be aware at all times that they are teachers and must, therefore, keep their educational goals clear. This means that they have the responsibility of maintaining open communication with their players and parents, and personally evaluating the situation of each player.
- 5. As teachers and role models, coaches must maintain a professional atmosphere with their teams. This means that at all times they must demonstrate an understanding of the distinct difference between "coach" and "friend" with individual team members. Contact with current and returning students outside of school, athletics, or related events is strongly discouraged. A heightened awareness of public communication such as text-messaging and social media should be displayed and all communication via these methods should be kept professional and should only include information related to team activities. All communication to athletes should be copied to the athletic office.
- 6. Sportsmanship plays a vital role in every contest in which we participate. Fairness in competition and positive group, as well as individual, behavior are imperative.
- 7. Athletics at Nicolet High School are by definition extra-curricular and voluntary in nature. It is the goal of the Athletic Department to encourage as many students as possible to participate in sports while attending Nicolet High School. Coaches are encouraged to build their programs to participation maximums at all levels while striving for individual, team and program standardization.
- 8. Coaches are expected to encourage their athletes to play multiple sports and not specialize in just one sport. Playing multiple sports in high school, makes for a well-rounded and healthy athlete. While parents might feel that outright specialization could mean better developed skills in front of scouts, the benefits of multi-sport athletes far outweigh the increased risks that come from year-long practice of just one sport. What will maximize an athlete's potential in a single sport is having an end goal in mind, and planning a high school playing career around their ideal sport of choice.

#### **MANDATORY PARENT MEETING**

The most important meeting you will have as a coach is your parent meeting. It is an opportunity to be pro-active with athletic department and team rules, policy and expectations. This meeting should be held early in the season before the first contest. It will be the responsibility of the head coach to make arrangements with the athletic/recreation office for the date, room and notification to parents. Meeting can be held virtually in lieu of in-person if such option is better suited for the current situation.

#### Sample agenda:

- 1. Welcome
- 2. Introduction of coaches
- 3. Program philosophy
- 4. Team rules
- **5.** Athletic Handbook
- **6.** Player/Coach/Parent expectations
- 7. Breakdown into Varsity, JV, JV2 teams
- **8.** Thank you

# These are a few guidelines that will help you to prepare for this extremely important meeting. Be sure to explain to parents the following:

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to the student-athlete. When your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach.

#### Communication you should expect from your child's coach (communicated to the student-athlete):

- 1. Philosophy of the coach
- 2. Expectations the coach has for your child as well as all the players on the squad
- 3. Locations and times of all practices and contests
- 4. Team requirements, i.e., practices, special equipment, out-of-season conditioning, fees etc.
- 5. Procedure followed should your child be injured during participation
- 6. Discipline that may result in the denial of your child's participation and its impact on the team.(including, but not limited to academic rules, code violations, administrative discipline for improper conduct, etc).

#### **Communication coaches expect from parents:**

- 1. Concerns should follow this chain of command: Coach/Head Coach, Athletic Director
- 2. Notification of any schedule conflicts well in advance
- 3. Specific concerns with regard to a coach's philosophy and/or expectations

As your child becomes involved in the programs at Nicolet High School, they will have the opportunity to experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged.

#### **Appropriate concerns to discuss with coaches:**

- 1. The treatment of your child, mentally and physically
- 2. Ways to help your child improve
- 3. Concerns about your child's behavior

Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

#### Issues not appropriate to discuss with coaches include:

- 1. Playing time, although coaches should effectively communicate each player's team role.
- 2. Team strategy/play calling.
- 3. Other student-athletes.

There are situations that may require a conference between the coach and the parent. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue or concern.

#### If you have a concern to discuss with a coach, the procedure you should follow

- 1. Contact the coach to set up an appointment/meeting.
- 2. If the coach cannot be reached, contact the Athletic Director. A meeting will be set up.
- 3. It is never appropriate for parents to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.

#### What a parent can do if the meeting with the coach does not provide a satisfactory resolution.

1. Call and set up an appointment with the athletic director to discuss the situation.

Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided makes both your child's and your experience with the Nicolet High School athletic program less stressful and more enjoyable.

### WE CAN ONLY BE SUCCESSFUL IF WE CHALLENGE EACH OTHER TO BE THE BEST, AND SUPPORT EACH OTHER IN THE JOURNEY.

### **HOLIDAYS**

As a school, we have historically honored and respected the religious beliefs and practices of all students and have worked to accommodate their needs for the time away from school. Therefore, the policy which all coaches must follow is: No athletic events shall be scheduled by Nicolet High School on the days of Rosh Hashanah and Yom Kippur. (exact dates/times will be communicated by the Athletic Department) Every effort will be made not to schedule events on back-to-school-night or parent-teacher conferences. Coaches should attempt to work around prom and other major school events as well. If such events are scheduled by other organizations (such as the WIAA or North Shore Conference), the Nicolet staff shall make every effort to reschedule that event.

### EXAM WEEK

During exam week(s), athletic teams may only practice 3 times (Mon-Fri) for a maximum of 90 minutes each practice. No field trips, banquets or any other school activity shall be scheduled on weekends preceding, nor on days preceding final exams. There will be no athletic contests scheduled on the day preceding semester exams nor on the first three days of exams.

### **AFTER SCHOOL NEEDS**

All coaches need to understand and be sensitive to the after school educational needs of athletes. If an athlete needs extra time after school for education support, this shall not be held against the athlete.

### **IN-HOUSE COACHING OBSERVATIONS**

- 1. In-house people are familiar with the culture of the school and community. Many of them have already had contacts with feeder schools that will be useful in building a program.
- 2. People already in the school system tend to commit themselves to the athletic department.
- 3. Successful teachers, with the proper knowledge of strategies and fundamentals, tend to be successful coaches because they are successful communicators.

### **VOLUNTEER COACHES**

All volunteer coaches will be evaluated and must be held to the same standards as paid coaches. They must be approved by the athletic director and must complete a drug screen/physical and submit and successfully pass a criminal background check.

### **SELECTING A TEAM (Limited participation sports)**

Be sure to present to the athletes while they are trying out and to the parents at your pre-season meeting.

There are four criteria upon which the (sport specific) coaching staff examines and bases its decisions when selecting members for a (specific) team. It must be understood, that even in the defined areas, it is difficult to make judgments that are not somewhat subjective.

- 1. Sport Specific Skill Ability: ex. setting, hitting, passing serving, etc. for volleyball
- 2. **Attitude:** teamwork, hustle, desire, cooperation, positive support, willingness to be a team player no matter what role, ability to follow team rules and regulations, etc.
- 3. Long range interests of the program: consideration for potential player development, etc.
- 4. **Particular needs of the team & player:** ex. shortage of tall players, setters, defensive players, speed, quickness, etc.

#### **TEAM CAPTAINS ROLE:**

The captain of a Nicolet athletic team should:

- 1. Assume a leadership role in initiating dialogue among the team to encourage a complete understanding of the athletic code and live by the rules established in the code.
- 2. Set a good example and display good character by following all training rules, team rules, school rules and always doing the right thing.
- 3. Play the role of a grievance mediator if others do not wish to go directly the Coach.
- 4. Help build team unity by communicating regularly with all the players.
- 5. Be an example during practice by giving a total effort during drills and following the Coaches directions.
- 6. Be a leader by helping to motivate the team during practices and before and during competition.
- 7. Consult with the coach about players and playing time but realize that the Coach will make the final decision.
- 8. Be a trouble shooter for the Coach but do not attempt to intimidate teammates. Do let the Coach know if there are problems he/she is not aware of.
- 9. Lead by example in and out of the classroom as well as on the playing field.

### NICOLET HIGH SCHOOL HEAD COACHING JOB DESCRIPTION

Head Coaches will be evaluated by the Athletic Director.

#### **RESPONSIBILITIES: "Take Ownership of your program"**

- 1. Plan and conduct daily practices for assigned team.
- 2. Supervise athletes and team assigned to you. (Games, practices, after practices, etc.)
- 3. Coordinate/Direct <u>ALL levels</u> of the program by conducting coaches meetings, developing team rules, assisting other coaches in the development of practices and maintaining strong communication at each level.
- 4. Attend and participate in all Athletic meetings set forth by the Athletic Director.
- 5. Attend all required WIAA and North Shore Conference meetings. (Rules, awards, etc.)
- 6. Plan, organize and conduct a post season awards banquet, in-season parent night, and outreach methods to encourage student body attendance at games.
- 7. To be of assistance to athletes in determining their future level of competition upon graduation.
- 8. Maintain accurate statistics for win/losses and athlete performances. (All-Conference etc.)
- 9. Follow rules and regulations in the Athletic Handbook.
- 10. Team Rules must be developed and on file with the Athletic Office.
- 11. Completion of required WIAA coaching certification course, PACE or AESEP, when applicable.
- 12. Meet with the Athletic Director for pre-season and post-season evaluation and planning meetings.
- 13. Complete WIAA rules test and other WIAA communications by assigned date.
- 14. Assume responsibility of communicating with the media and parents all season.
- 15. Complete all WIAA and NSC official rating forms.
- 16. Develop strategies and make recommendations to enhance the future of the program.
- 17. Evaluate assistant coaches at post-season meeting with the Athletic Director.
- 18. Display sportsmanship towards opponents, officials, parents and one's team.
- 19. Supervise all athletes during overnight trips.
- 20. Keep accurate inventory of equipment, uniforms etc.
- 21. Work with the Athletic Director on developing an appropriate annual budget.
- 22. Assist in organizing & running of invitational, NSC/WIAA tournaments & regular season meets.
- 23. Must communicate with feeder schools and promote Nicolet Athletics within.
- 24. All efforts should be made to advance youth sport "feeder" programs in the district.

#### **QUALIFICATIONS:**

- 1. Hold valid Wisconsin teacher certification OR be PACE or AESEP certified.
- 2. Have knowledge and background in the assigned sport.
- 3. Continue to examine new theories and procedures pertinent to the field.
- 4. Full-time employment as a teacher in the Nicolet School District, if at all possible.
- 5. Strong communication and organizational skills.
- 6. Ability to act as a role model and ambassador for the athletic program and the school.
- 7. Must be loval to the total athletic and educational program of Nicolet High School.

All coaches are expected to report any and all violations of the Athletic Handbook and/or team rules to the Athletic Director. This is to be done to maintain consistency and integrity of the program and to alert the administration of possible parental calls.

### NICOLET HIGH SCHOOL ASSISTANT COACHING JOB DESCRIPTION

Assistant Coaches will be evaluated by the Head Coach & the Athletic Director.

#### **RESPONSIBILITIES:**

- 1. Display loyalty to the Head Coach.
- 2. Supervise athletes and team assigned to him/her.
- 3. Assume supervising control over all athletes in program when such control is needed.
- 4. Assist Head Coach for any special needs, i.e., awards night, parent meetings.
- 5. Make suggestions and recommendations that will help the program.
- 6. Display sportsmanship towards opponents, officials, parents, team through appropriate behavior.
- 7. Follow rules and regulations in Athletic Handbook.
- 8. Plan and conduct daily practices for assigned team.
- 9. Attend pre-season organizational meetings as assigned by coach.
- 10. Attend and become current to new coaching strategies.
- 11. Assist in the organizing, running of invitations, WIAA tournaments and regular season meets.

#### **QUALIFICATIONS:**

- 1. Hold valid Wisconsin teacher certification, if at all possible. If not be CNLT certified.
- 2. Have knowledge and background in the assigned sport.
- 3. Continue to examine new theories and procedures pertinent to the field.
- 4. Full-time employment as a teacher in the Nicolet School District, if at all possible.
- 5. Strong communication and organizational skills.
- 6. Ability to act as a role model and ambassador for the athletic program and the school.
- 7. Must be loyal to the total athletic and educational program of Nicolet High School.

### PRIMARY RESPONSIBILITIES OF ALL NICOLET COACHES

#### YEAR ROUND:

- 1. Cooperate with the administration and the athletic director and keep them informed about the program. Drop into the athletic office at least once a week to check mailbox etc.
- 2. Have the total athletic and school program at interest. Be supportive of all other activities and especially to other coaches in the system.
- 3. Formulate goals and objectives for the upcoming sports season.
- 4. Keep abreast of rules, rule changes, new knowledge, innovative ideas and techniques by attendance at clinics, workshops, readings etc.
- 5. All Coaches must be in total compliance and adhere to all matters related to the Nicolet Board Policies regarding harassment and non-discrimination as approved by the NHS School Board. This includes fostering a culture totally void of hazing, bullying or harassment of all NHS students.

#### **DURING THE SEASON:**

- 1. Make sure that each athlete has ALL proper forms in prior to the first day of tryouts. An athlete cannot participate in tryouts, practice or competition until cleared by the Athletic Office.
- 2. You must have access to all of your athlete's emergency information.
- 3. Make sure your athletes and parents of the athletes are fully aware of the department's athletic philosophy, policies, academic requirements, code etc.
- 4. Coaches are responsible for locker room supervision and athletes until they leave school.
- 5. Students are only allowed in the training room when supervised by a coach, or the athletic trainer.
- 6. Do NOT leave the equipment room, training room, weight room or gyms unsupervised or unlocked.
- 7. Discuss the expectations for your captain(s) at the beginning of the season.
- 8. Emphasize safety precautions. Be aware of the best conditioning, training, and injury procedures.
- 9. Injured players who require examination by a physician must have a physician's release before they are allowed to return to participate in a sport.

- 10. The same holds true for an injured athlete reporting to the athletic trainer. The athletic trainer must provide a release to the coach.
- 11. Be responsible to report all injuries accurately and promptly.
- 12. Teach fundamental techniques & skills that will enable the athletes to develop their full potential.
- 13. Always make sure the athletic office has an updated and current roster on file.
- 14. Each coach is responsible for distributing uniforms and keeping accurate inventory.
- 15. Communicate all schedule changes with the athletic department immediately and effectively.
- 16. Following each HOME game, varsity coaches must report your scores to the proper media/WIAA.
- 17. Submit periodic updates on your team's accomplishments to morning announcements, athletic director and webmaster.
- 18. Communicate bus schedule times accurately with the Athletic Office: Riteway 414-333-4666.
- 19. All efforts must be made to assist with the assigning of ECAR positions at your home contests.
- 20. All spirit wear ordered for teams must have the approved Nicolet logo in an effort to be consistent and to assure Nicolet's athletic brand.
- 21. All fundraising efforts must be approved by the Athletic Director.

#### END OF THE SEASON:

- 1. You will receive an end of season letter from the athletic office. Please complete in a timely manner.
- 2. Arrange end of the season banquet with athletic department.
- 3. Stay in touch with the athletic office during the off season. Be visible at other NHS athletic events.
- 4. Participate in the ATHLETIC SENIOR AWARDS NIGHT.

All coaches are expected to report any and all violations of the Athletic Training Handbook and/or team rules to the Athletic Director. This is to be done to maintain consistency and integrity of the program and to alert the administration of possible parental calls.

# **WIAA RULES & REGULATIONS (SUMMARY)**

### **UNIFORMS & EQUIPMENT**

Schools may not issue wearing apparel and protective equipment prior to the first allowable day of practice, unless specifically allowed in Season Regulations for that sport. One exception is that with approval of its governing body schools may issue school uniform or other wearing apparel and protective equipment for use by athletes in training or competition, in the summertime (last day of school until first day of school in the fall). During the school year, with approval of its governing body, a school may issue its baseball and softball equipment at its own discretion. It is acceptable to issue implements at anytime if the school wishes, such as vaulting poles, shot puts, hurdles, baseball bats, basketballs, volleyballs, etc. (BL – Art. II and RE – Art. VI, Sect. 2)

### TRAINING AND COMPETING

- 1. The WIAA recognizes a distinction between training and competing. Students must pay their own expenses, including transportation, to any nonschool (out-of-season) <u>camps, clinics, or specialized training</u>. Schools may pay expenses and provide transportation to similar in season activities in that sport and during unrestricted contact days in the summer. \*\* Students may not fundraise in order to cover the cost of these activities use of GoFundMe pages, for example, to cover nonschool camp or clinic fees would violate this rule.
- 2. A student may be reimbursed actual and necessary costs associated with <u>competing</u>. This may include transportation, food, lodging and entry fees.

- 3. A school may not become involved financially, through transportation or any other way in a student's nonschool participation outside the sport season and the five Board of Control approved unrestricted contact days in the summer. (BL Art. II, RE Art. IV and Art. VI) Note: Funds kept in school activity accounts are considered school funds.
- 4. Keep in mind that the amateur status rule has been modified. The amateur status lists of acceptable and unacceptable items was repealed and replaced. School mementos (i.e.: rings, sweatshirts, t-shirts, event hats, etc.) are allowed if not more than \$200 and awards valued at less than \$100 retail value are allowed in school and nonschool competition. In addition, athletes may receive and retain items of apparel that are worn as part of a team uniform in nonschool athletic competitions. Notice, apparel doesn't include backpacks, duffel bags, equipment (helmets, shin guards, gloves, mitts, etc.), and implements (bats, poles, hockey sticks, etc.).

#### **OPEN GYMS**

School open gyms are for only your students attending your high school in grades 9-12. Students from other schools whether public or nonpublic are not allowed to participate in your school's open gyms. 8<sup>th</sup> graders may participate during the summer before their 9<sup>th</sup> grade year. Do not confuse open gyms with unlimited nonschool coaching contact. Coaches may supervise and participate but cannot coach or instruct during open gyms.

### **COACHING CONTACT**

PLEASE BE SURE TO LEARN AND FOLLOW ALL WIAA GUIDELINES AND POLICIES PERTAINING TO OUT OF SEASON COACHING CONTACT. IF YOU ARE UNCLEAR ABOUT WHAT IS ALLOWED, PLEASE CONTACT YOUR ATHLETIC DIRECTOR FOR CLARIFICATION.

Captain's Practices: During the summer, athletes may assemble in any manner they wish. There are no restrictions as to the number of athletes from the same school allowed on a given team. During the summer, captain's practices are allowed. During the school year, students may voluntarily assemble at any time without school and/or school coach involvement. During the school year, captain's practices are allowed provided the opportunity is voluntary and there is no school and/or school coach involvement.

Students as Clinicians: During the school year, you may only use your athletes as Clinicians during the sport season. In the summertime, a school may conduct a clinic for students in grade 8 and below, where high school varsity and junior varsity coaches may use some or all of their athletes as clinicians. Individual students may be used as clinicians a maximum of 6 days during the summer (when school is not in session). Using students as clinicians in such a manner must conclude no later than July 31.

### TRANSFER RULE

PLEASE BE SURE TO LEARN AND FOLLOW ALL WIAA GUIDELINES AND POLICIES PERTAINING TO TRANSFER STUDENTS AND THEIR ATHLETIC ELIGIBILITY. IF YOU ARE UNCLEAR ABOUT WHAT IS ALLOWED, PLEASE CONTACT YOUR ATHLETIC DIRECTOR FOR CLARIFICATION.

### **RECRUITING GUIDELINES**

PLEASE BE SURE TO LEARN AND FOLLOW ALL WIAA GUIDELINES AND POLICIES PERTAINING TO STUDENT RECRUITING AND THEIR ATHLETIC ELIGIBILITY. IF YOU ARE UNCLEAR ABOUT WHAT IS ALLOWED, PLEASE CONTACT YOUR ATHLETIC DIRECTOR FOR CLARIFICATION.

Reference documents addressing the new nonschool contact rules are available at the following links:

http://www.wiaawi.org/Portals/0/PDF/Eligibility/WIAASummerContactChecklist.pdf

http://www.wiaawi.org/Portals/0/PDF/Eligibility/WIAASummerContactFAQ.pdf

http://www.wiaawi.org/Schools/EligibilityRulesForms.aspx

### INJURY/FIRST AID/EMERGENCY/CONCUSSION PROTOCOLS:

### **INJURY**

Some important points to keep in mind:

- 1. Stay with the injured athlete
- 2. Have a responsible person contact EMS immediately
- 3. Do not move injured athlete until possibility of serious injury is ruled out ( head, neck, back etc.)
- 4. Provide first aid until medical assistance arrives
- 5. Complete an injury report with the athletic trainer
- 6. Complete an injury report with the athletic trainer
- 7. Inform the athletic department of all injuries
- 8. Do not leave the injured athlete or send them in with a student. Stop practice if need be.
- 9. Never try to relocate a dislocation.
- 10. An accident report form is to be filled out as soon as possible after the accident.
- 11. Accident report forms are filed with the nurse, athletic office where they are kept on file.
- 12. All accident reports are reviewed by the school safety committee.

### **FIRST AID AREAS**

All athletic accidents from 2:30 pm to approximately 6:00 pm (later on game nights) which do not require E.M.S. will be handled by the athletic training service provided for the school.

### **EMERGENCY PROCEDURES**

- 1. Get athletic trainer/administrator to make call (911)
- 2. Get help from another coach and or Administrator
- 3. Meet rescue team

#### **CONCUSSION**

Should an athlete be officially diagnosed with a concussion or believed to be suffering from a concussion (always err on the side of caution):

- 1. Athlete should be removed from participation in game or practice immediately.
- 2. Athlete should see the athletic trainer immediately.
- 3. Trainer/coach shall recommend immediate next course of action (hospital/911 etc.)
- 4. Trainer/coach should fill out the proper paperwork (accident report)
- 5. Trainer/coach should contact the athlete's parents or guardians immediately
- 6. Trainer should contact the school nurse via email asap
- 7. Athlete cannot return to practice/competition until cleared by our trainer and/or doctor

In all injury situations, the most important thing is communication...especially to the parents.

# **COMPLETE WAIVER & RELEASE OF CLAIMS – OVERNIGHT STAY**

In consideration for the Nicolet High School to	( fill in	the name of
the event/team), the sufficiency of which the and the parents hereby expressly waive, relea harmless the district, its agents, servants, officemployees (whether past or present), district-individually and in their official capacity, (coallegations, covenants, rights, causes of action under any statute, regulation or law, arising of the student's participation in the trip, except a	ase, forever discharge and agree to indemnify cers, directors, officials, board members, atto- appointed chaperones, and successors and as ollectively, the "district") from any and all cla- in, demands and damages of any kind, known out of, related to, concerning, or in any way co	and hold orneys, signs, ims, liabilities, or unknown, onnected with
The student and the parents further understan liability whatsoever, in whole or in part, inclusion following: all liability and judgments for personal loss of services or expenses of any type, includosses, expenses, and judgments, and attorney arising out of, relating to, concerning or in an	uding, but not limited to, responsibility or lial sonal injuries, known or unknown, property o uding attorney fees, claims, demands, actions y's fees, which any person may have against	pility for the lamage, costs, damages, the district,
Emergency Care		
The Parents and Student further understand at District employee or volunteer who in good fimmune from civil liability for his or her acts to the immunity provided in Wisconsin Statut	faith renders emergency care to a pupil during sor omissions in rendering such emergency c	g the Trip is
Governing Law, Successors and Assigns		
This Agreement shall be governed and constr binding upon the parties hereto and their resp		n and shall be
The parties to this Agreement have read, cons Nicolet High School Handbook, and the addit the event.	•	
Dated at Milwaukee, Wisconsin this	day of, 20	
(Parent/Guardian)	(Parent/Guardian)	
(Address and Telephone #s)		
(e-mail address)		
(Student's Signature and address)		

# **Nicolet Athletic Travel Release Approval Form**

(return to coach when needed)

Date				
This is to certify the	nat		has my permis	ssion to ride
•	(Student nam		•••	
home from the		on		
	(sport/ activity)		(date)	
I certify that I will	be personally transporting my cl	hild		
home from the		on	(Student name)	
nome from the	(sport/ activity)	OII	(date)	
and from all activities all liability for any a	Nicolet High School rules reces, and a departure from this redverse results that may occur.  Nicolet School District, its erce to the above stated transport	equirement will r	elease the Nicolet Schoo	l District from
•	gned by the parent(s) of guard		oach/Advisor and will so	erve for only
Date				
(cianature of par	ent or quardian)	(signature of	coach/advisor)	

#### **COACHING EVALUATION CRITERIA**

Evaluation is quality control, an assurance of minimal expectations, a process that measures if coaches are achieving predetermined standards. It must be noted that evaluation only measures growth. By itself it doesn't promote growth. Only when evaluation is joined with supervision and in-service training do coaches grow professionally. They need information that comes from in-service training, practice that comes from supervision, and the sense of direction that comes from evaluation.

Nicolet's evaluations involve the standards found in the coaches' handbook, coaching goals, and the job description. The evaluation process will include observations of coaching performance during practice and games, and in the "hallways and the classrooms" found throughout the building. Coaches will review the observation notes and comments and engage in a needed self-evaluation, as well as an assistant coach evaluation before post-season meeting with the Athletic Director. Self-evaluations tend to promote ownership and the ownership of the results – specifically any decisions to perform differently in the future.

#### **Professional Expertise**

- 1. Instructs athletes in fundamental skills, training and strategies necessary to achieve success
- 2. Has strong knowledge of game rules, athletic handbook rules and league regulations and implements these rules on a consistent basis.
- 3. Uphold the dignity, honor and integrity of the coaching profession.

#### **Personal Behavior**

- 1. Students will receive instruction and guidance that will lead to positive values, acceptable behavior, and self-discipline
- 2. Coach will exhibit responsible conduct both within and out of the arena.
- 3. Promote sportsmanship

#### **School Relationships**

- 1. Maintains records for sport and/or gives the completed to the department secretary for such items as WIAA cards, insurance forms, parent consent forms, etc.
- 2. Promotes professional growth by encouraging staff members' attendance at clinics and conferences.
- 3. Assigns staff specific duties, supervises assignments & completes proper evaluation at the end of year.
- 4. Take active role in prevention & use of drugs, alcohol, tobacco & performance-enhancing substances.
- 5. Uses proper forms and procedures for everything from attendance to travel.

#### **Community/Parent relationships**

- 1. Responsible for good public relations with the media, boosters, parents and officials.
- 2. Consistently releases positive information to the media on a regular basis.
- 3. Promotes sports among parents, fans and players at all times.

#### Fiscal responsibilities

- 1. Responsible for the presentation of a yearly budget for the sport to the Athletic Director.
- 2. Responsible for the collection of all equipment and the cost of any misplaced equipment
- 3. Keeps good records of team account for fundraising or for purchases outside the budget.

#### Other responsibilities

- 1. Monitors locker rooms & hallways before/after practice & games until last athlete has been picked up.
- 2. Develops in each athlete a respect for school property and its care.
- 3. Uses appropriate language and behavior
- 4. Respects the dignity of each athlete as an individual
- 5. Promotes safety at all times on the practice field or in the arena.
- 6. Promotes athlete & coach circumstances that give each athlete opportunity to reach full potential.
- 7. Promotes time demands that acknowledge primary importance of athlete's academic & family responsibilities.
- 8. To promote among all athletes and coaches a solid sense of team membership.
- 9. To reflect in his/her coaching practices the best and most recent thinking/strategies of the sport.
- 10. To assist, whenever possible and mutually convenient, with post-high school player's planning as it relates to athletics.
- 11. To be available to parents at mutually convenient times..
- 12. Work with other school personnel, guidance, teachers, administrators, etc. to guarantee the best interests of each student-athlete.
- 13. Seek out and help hire qualified assistant coaches.



# **NHS Athletic Department - Head Coach Evaluation**

Coach: \_\_\_\_\_\_ Sport: \_\_\_\_\_ Date: \_\_\_\_\_

I – EDUCATIONAL ATHL	ETICS	AND T	THE RO	OLE	OF A COACH
					Comments
Game Preparation & Decision Making					o ommonio
Knows Fundamental Skills and Rules					
of the Sport					
Utilizes Appropriate Teaching					
Techniques			+ +		
Professional Conduct					
Youth and Future Program Development					
Support of Hartford Booster Club					
Support of Harriora Booster Clas					
II – THE COACH AS A MA	NAGEI	R			
			$\top$		Comments
Budgeting / Purchasing / Fundraising			+ +		Comments
· · ·			+ +		
Equipment Management			+		
Game Scheduling			1		
Practice Organization					
Coaching Staff Organization & Evaluation					
Fulfillment of Department					
Expectations:					
Supervision of team  Keeps facilities and storage areas			+ +		
clean.					
III – THE COACH AND IN	TERPE	RSON	IAL SK	ILL	S
					Comments
Good rapport with Team					
Good Rapport with Coaching Staff,					
Other Coaches, & Office Staff					
Good Rapport with Families					
Good Rapport with Officials					
Public Relations					
Keeps Website/Twitter Updated					
Parent Meeting & Banquet					
	<u> </u>	i			
IV – THE COACH AND PI	HYSICA	L CO	NDITIO	ON	
					Comments
Students are Physically Ready for			1 1		
Competition			$\bot$		
Prevention and Intervention of Injuries					
Incorporated Strength and Speed workouts					

								C	omments
Team Attitude & Discipline &			1	1	1	1			
Motivation									
Team Improvement & Performance									
Team Sportsmanship									
Incorporated Character Development and Leadership lessons provided by Athletic Department (Phone Application)									
Incorporated Leadership Lessons (Craig Hillier)									
Integrity of School Code									
Develops coaching staff									
SEASON SUMMARY						Yes	s/No		Comments
WIAA Rules Video Complete									
WIAA Sports Exam Complet									
Lower Level Coaches Exams	Comple	eted	Befor	re					
Season									
Officials Rankings Completed									
Attend EOS North Shore Mee									
Season Summary Completed	and Giv	ven t	0						
Athletic/Activities Director									
Turned in Updated Inventory									
Turned in Pre-Season paperw									
Times/Practice Schedules/Da	tes for S	Speci	ial						
Nights)									
Held Pre-Season Parent Meet									
Maintained an Updated Roste	r								
CONFERENCE RECORD: FUTURE GOALS:			_	OVE	RALL	RECOR	RD:		_
A.D. FINAL COMMENT	S:								
The signatures below indicate								evaluatio	on and has had
the opportunity to discuss the	ie evalu	ıatioı	n with	the	athleti	c directo	r.		
TT 10 11 0'									D-4-
Head Coach's Signature									Date



# NICOLET HIGH SCHOOL DISTRICT

## **ASSISTANT COACH EVALUATION - ATHLETICS**

(completed by Head Coach)

Name:Sport/Level:Year:	4 — Distinguished 3 — Proficient 2 — Satisfactory 1 - Needs Improvement
Professional Knowledge of Sport:	
Teaching/Coaching Ability:	
Relationship Building Skills:	
Passion for the Sport:	
Ability to Motivate:	
Established Rapport w/ Coaching Staff:	
Supervision Responsibilities w/Student Athletes:	
Ability to Execute Role as Defined by Head Coach:	
Demonstrates Positive Character (Professional and Personal)	
Signature of Assistant Coach	Date
Signature of Head Coach	Date
Signature of Athletics Director	Date



YEAR:	SPORT:	COACH:	
BANQUET DATE	/LOCATION:		
CONFERENCE FI			
PLAYOFF LEVEL			
WIAA PLAQUE F			
· ·	NCE ATHLETES:		
# STATE QUALIF			
GYM 1 BOARD U			
# COLLEGE COM			
	\\\ADD \\\\INID:	<del>-</del>	
MWGIII I MBE 7			
LIST ALL ALL-CO	NFERENCE ATHLETES (1 <sup>ST</sup> 2	<sup>ND</sup> HM):	
	·	, <u></u>	
LIST OF SENIOR	ATHLETES COMMITED TO F	DI AVING	
	COLLEGE:		
COLLEGIATELIA			
BUDGETARY NE	EDS:		
SCHEDULE NEED	OS:		
ASSISTANT COA	CH NEEDS:		
END OF SEASON	I CHECK LIST		
BANQUET DATE	SCHEDULED W NATE:		
BANQUET AWA	RDS FINALIZED W RENEE:		
<b>BANQUET PLAQ</b>	UES ORDERED W KIRK:		
<b>COLLECTION OF</b>	UNIFORMS:	<del></del>	
STORAGE OF EC	UIPMENT:		
INVENTORY OF	SCHOOL ISSUED KEYS:		
WIAA PAPERWO	ORK FINISHED:		
OTHED MOTEAR	NE CENCON DIGUIGUTS.		
OTHER NOTEAB	ELE SEASON HIGHLIGHTS: _		